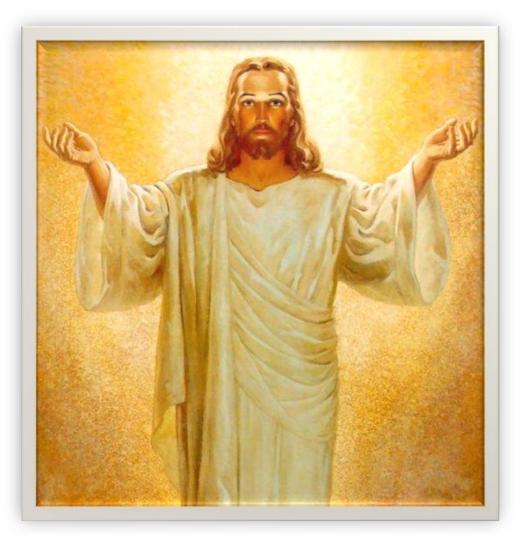
BASIC INSTRUCTIONS BEFORE LEAVING EARTH

THE MOST IMPORTANT LESSONS LEARNED FROM THE HOLY BIBLE



By: Dr. David J. Castle, Ph.D.

 $www. {\tt Basic Instructions Before Leaving Earth. com}$

Introduction

The Lord Loves You!

The Lord loves you so much he sent his only son Jesus Christ to die for all of your sins. Jesus paid the ultimate price so that you would have the opportunity to be blessed, forgiven of all of your sins and experience eternal life.

All you have to do to receive all of the blessings mentioned above is to accept Jesus Christ as your Savior! By accepting Jesus into your life as your Savior you are becoming born again and you will be guided by the Holy Spirit. The Holy Spirit will help you to make good decisions and live an extraordinary life full of blessings!

When you read this book, you will learn all of the important lessons learned from the Holy Bible, how to become born again and also you will receive many important resources to help you grow on your spiritual journey.

God Bless You!

Dr. David J. Castle

P.S. - Please feel free to share this book with as many people as you would like. If you would like to contact me, you can e-mail me at djcastle302000-bible@yahoo.com.

Table of Contents

| Learn How to Become Born Again and Receive the Gift of Eternal Life | .1 |
|---|-----|
| Lessons Learned from the Old Testament | .2 |
| Lessons Learned from the New Testament | .21 |
| Important Resources | 44 |
| • | |

Learn How To Become Born Again And Receive The Gift Of Eternal Life

"Anyone who believes (in the Lord Jesus Christ) and is baptized will be saved."

(NLT) (Quote from Jesus Christ) (Mark chapter 16)

[In the author's opinion the word baptized mentioned above describes accepting Jesus Christ as your Lord and Savior]

Prayer for becoming born again according to Pastor Joel Osteen

Lord Jesus.

I repent of my sins.

Come into my heart.

I make you my Lord and Savior.

Amen.

1

Lessons Learned from the Old Testament

* It is important to speak what you seek [God can make something out of nothing]

* God created everything

(Genesis chapter 1)

* Take a break once in awhile and enjoy the fruits of your labor

(Genesis chapter 2)

* Don't believe the lies of the enemy rather believe in God and what he has promised you

(Genesis chapter 3)

* Do not be ordinary but rather be extraordinary in everything you do

Example:

- Cain gave a simple gift to the Lord [Cain was just ordinary]

- Abel gave a more magnificent sacrifice and gift to the Lord [Abel was extraordinary]

* Don't let jealousy allow you to be foolish (Cain killed Abel because he became jealous of him)

* Doing evil has consequences

* The Lord is merciful (even though Cain killed Abel, the Lord showed mercy by telling Cain that anyone who killed him would receive a seven fold punishment)

* The Lord showed his Love to Adam and Eve by blessing them with a son named Seth to make up for the loss of Abel (Another example that shows that the Lord is merciful)

(Genesis chapter 4)

* The Lord does not like evil (life in the world was destroyed with flood)

* Live to be righteous and you will be blessed along with your family and descendants

(Genesis chapter 6)

* The Lord likes it when we trust, believe and have faith in him and are obedient to him (Noah followed the Lord's commands and was blessed)

- Noah was a person of integrity and excellence

* Don't give in to peer pressure but do what you feel is right (many individuals around Noah were corrupt but he was spared for staying righteous)

(Genesis chapters 6-7)

* If the Lord asks you to do something and you do it you will be blessed

(Genesis chapter 12)

* It is important to be a loyal person

Example:

- Abraham rescued his nephew Lot and also retrieved Lot's possessions and saved all the women and other captives

(Genesis chapter 14)

* Giving is important

The more you give, the more you will receive [author's note]

Example:

- Illustrated by Abraham thanking King Melchizedek with a tenth of all goods recovered when saving Lot from the enemy

(Genesis chapter 14)

* It is important to have strong faith in the Lord

Example:

- The Lord said Abraham was righteous because of his faith

(Genesis chapter 15)

* According to the Lord, killing righteous people in order to kill evil people is not right

(Genesis chapter 18)

* Even when we don't deserve it and don't have faith in the Lord, the Lord still can show us mercy because of good done by our family

Example:

- The Lord saved Lot and his family before destroying the cities of Sodom and Gomorrah because of his loyalty to Abraham who was righteous

(Genesis chapter 19)

* Through the Lord our God all things are possible

Example:

- The Lord promised Abraham that his wife would have a baby named Isaac when she was 90 years old and it happened

(Genesis chapters 17 and 21)

* Even when you are righteous like Abraham your faith will be tested

Example:

- Abraham was asked to sacrifice his child Isaac (the Lord stopped Abraham from actually sacrificing Isaac as it was a test to see how strong Abraham's faith was) and because he obeyed the Lord, he was blessed and promised many descendants like the stars in the sky and that his descendants would conquer the cities of their enemies and through his descendants all of the nations of the earth would be blessed

(Genesis chapter 22)

* In life, if you want something, it is important to make an exchange

Example:

- Abraham paid Ephran 400 pieces of silver for a piece of land

- It is important to understand that the exchange could be your time or money. If you are looking for a job, you are investing time during the job search. However, if you go to the grocery store, in order to take the food home, you need to pay for it using money.

- Bartering is another way you could make an exchange

- The key point to understand is you generally do not get something for nothing. So if you want something, you need to make an exchange.

(Genesis chapter 23)

* Prayer is powerful and when you pray the Lord listens and miracles can happen

- The author wrote a prayer that he utilizes both in the morning and evening. The prayer can be found in the appendix section.

- The author recommends the prayer to St. Joseph as it has helped him in the past

(Genesis chapter 24)

* When asked to do something, don't just do an ordinary job but do an extraordinary job and go above and beyond the call of duty and the Lord will bless you

(Genesis chapter 24)

* It is important to give thanks and praise to the Lord

(Genesis chapter 24)

* Feeling the emotion of love is very powerful and makes you feel good

(Genesis chapter 24)

* The Lord will always fulfill the promise he puts in your heart

(Genesis chapter 28)

* It is important to give back to the Lord at least one tenth of everything the Lord blesses you with in life

- It is important to give not just of your money but also your time. When the Lord looks at your giving, he will be looking at if you did the best job you could do at helping others with what you were blessed with at the time. You can also give by sharing your material goods with others in an effort to make the world a better place. [author's opinion]

(Genesis chapter 28)

* When you treat others unfairly the negativity is returned to you so don't do it

Example:

- Laban took advantage of Jacob and in return the Lord blessed Jacob with many gifts at Laban's expense

- Laban lost most of his livestock, his daughters and grand children

(Genesis chapters 29-31)

* When you work hard and do the right thing the Lord sees that and rewards you

- Remember at the end of the day you work for the Lord, the source of all great blessings

(Genesis chapter 31)

* It is important to make peace with people

Example:

- Jacob made a treaty with Laban that involved not harming one another moving forward and making peace

(Genesis chapter 31)

* When you pray to the Lord be sure to remind the Lord of the promises he made to you

(Genesis chapter 32)

* It is important to forgive one another

Example:

- Esau forgives Jacob for stealing the blessing from Isaac and Esau and Jacob make peace

(Genesis chapters 32-33)

* If you do evil deeds the evil will come back to you

Example:

- Shechem raped Dinah and Shechem and all of the males were slaughtered by two of Jacob's sons Simeon and Levi

(Genesis chapter 34)

* Jealousy can make you do evil things

Example:

- Joseph's brothers were jealous of him and to get revenge the brothers sold Joseph to Midianite traders for twenty pieces of silver

(Genesis chapter 37)

* Do not give up on your dreams!

(Genesis chapter 37)

* If the Lord is with you, you will succeed in everything you do and be a big success

Examples:

- The Lord was with Joseph and he went from slave to the ruler of Egypt (Joseph was second in command of Egypt under Pharaoh)

- The Lord was with Moses and he was able to free the Israelites from bondage in Egypt under the power of Pharaoh

(Genesis chapter 39)

* It is important to run from temptation like Joseph did and you will be blessed

(Genesis chapter 39)

* People will sometimes let you down and it is important to stay in faith and continue to pray and believe in the promises from the Lord

(Genesis chapter 40)

* Stock up on extra items you may need in the future in an effort to make sure you can take care of yourself, your family/friends and to be a blessing to others when times may not be as prosperous

(Genesis chapter 41)

* When you do good deeds the Lord will bring you an even greater reward in return

(Genesis chapter 43)

* Take time to bless those around you through kind words and encouragement

(Genesis chapter 49)

* Being loyal and having a high level of integrity is important

Example:

- When you make a promise with someone you should follow through with the promise

(Genesis chapter 50)

* God can use you to do amazing things in life even if you have made mistakes

Example:

- The Lord called Moses to deliver the Israelites from bondage in Egypt even though Moses killed an Egyptian and became scared and ran away to Midian

(Exodus chapter 3)

* God likes to accomplish things working through people

Example:

- Moses

(Exodus chapter 3)

* Teamwork is important to accomplish your goals

Example:

- God worked with Moses and his brother Aaron to help set the Israelites free from Egypt

(Exodus chapter 4)

 $www. Basic Instructions {\tt Before Leaving Earth.com}$

* Following the teachings of the Lord is not always easy and people may persecute you for doing so but in the end serving the Lord has both short and long term benefits

(Exodus chapter 5 and 15)

* Sometimes the Lord will perform an amazing feat for us to witness to illustrate that he does exist and to help us keep the faith in him

(Exodus chapters 7-14)

* Ultimately the Lord is in control, which should give you peace of mind

(Exodus)

* Being stubborn can create many problems for you

(Exodus)

* Sometimes you have to be persistent to get what you want

(Exodus)

* You need to ask to receive

(Exodus chapter 12)

* It is important to take time to celebrate and appreciate what the Lord has done for you

(Exodus chapter 13)

www.BasicInstructionsBeforeLeavingEarth.com

olenna ior yc

* It is important to listen to the Lord and let him guide you

(Exodus chapter 13)

* The Lord wants us to have confidence in our faith and rather than waiting around for the Lord to perform a miracle we need to take that first step and have faith the Lord will be with us the rest of the way. We serve a just Lord, so if you are blessed and you take action, the Lord will start releasing blessings to help you along the way.

(Exodus chapter 14)

* Be careful in life not to take on too much work and get stressed out. It is important to stay focused on your main goals and of course do what you excel at but delegate other tasks that would be more appropriate for someone to help you with.

(Exodus chapter 18)

* The Lord wants you to honor him in a first class style

Example:

- Take time to look good, take care of your property and show the Lord you respect the gifts he blessed you with

- Also, take the time to be a detailed person

(Exodus chapter 25)

* The Lord has made you unique and blessed you with specific skills. It is important that you share your gifts with the world to make it a better place.

(Exodus chapter 31)

* Be careful who you associate with in life. Even a righteous man can behave evil when around a lot of negative influences. Make sure to spend time around positive people who lift you up and are supportive and have good character.

(Exodus chapter 32)

* Take time to spend with the Lord on a regular basis

Example:

- One method for investing time with the Lord would be through prayer

(Exodus chapter 34)

* It is important to take time to bless and encourage others in a positive way. When you take time to bless someone, the Lord will bless them as well. Listed below are a few different blessings you could use each and every day.

- "May the Lord bless you and protect you"
- "May the Lord smile on you and be gracious to you"
- "May the Lord show you his favor and give you his peace"
- God bless you [author added this blessing as an alternative]

(NLT) (Numbers chapter 6)

* Appreciate what the Lord gives you and don't complain when you don't get something

Example:

- Focus on your blessings rather than on what you do not have

(Numbers chapter 11)

* In life, sometimes we are asked to carry a cross and do things that are not easy, but it is important to be obedient to the Lord and do what we are called by the Lord to do

(Numbers chapter 11)

* The Lord hears you when you talk to him and can answer your prayers

Example:

- Moses asked for help and the Lord blessed Moses with seventy leaders to assist him

(Numbers chapter 11)

* It is important to do research before beginning something new in an effort to make sure you understand what you are doing and conducting the research can help you make better decisions

(Numbers chapter 13)

* Stay positive in life

- Negativity is contagious and spreads quick and can have negative consequences

(Numbers chapter 14)

* It is important to pass important stories, knowledge and wisdom down to your children and others in an effort to allow future generations to know the truth and to be thankful for the blessings that allowed them to prosper

(Deuteronomy chapter 6)

* It is important to stay connected to the Lord our God and be humble and not take on an ego (false self)

- According to Dr. Wayne Dyer, one way to work on eliminating the ego is to ask "how can I be of service?"

(Deuteronomy chapter 8)

* The Lord will sometimes give us a sign that we are on the correct track and that something we want is coming

(Judges chapter 6)

* Even though you have made mistakes, you can still repent of your sins and fulfill your God given destiny

(Judges chapter 16)

* When you do good in the name of the Lord, the blessings will come back to you

(Ruth chapter 2)

* In life, when the Lord calls you to do something, you must act and not let fear stop you

- It is important to have courage and also faith and know that the Lord is with you at all times

(1 Samuel chapter 17)

* It is important to be happy for others rather than jealous

- Being jealous can lead us down a path of evil

(1 Samuel chapter 19)

* When the Lord is on your side, he can even use your enemy's family to help you

(1 Samuel chapter 19 and 20)

* It is important to be a good and loyal friend and also have good and loyal friends

(1Samuel chapter 20)

* Do not get involved in the act of revenge

- If someone does you wrong, just forgive and move on and let the Lord settle the issue for you

- There is a Chinese proverb that states, "If you are going to pursue revenge, you better dig two graves." According to Dr. Wayne Dyer, "Your resentments will destroy you. They are low energies."

(2 Samuel chapter 4)

* The Lord can promote you to any position in life

Example:

- Esther went from orphan to Queen

(Esther chapter 2)

* The Lord will allow you to be tested in your life in an effort to make you stronger and mature you as a person

(Job chapter 1)

* It is important to learn to forgive one another even when we do not want to and the Lord will repay us with blessings for making the correct decision

(Job chapter 42) www.BasicInstructionsBeforeLeavingEarth.com * If you live a life that makes the Lord proud, you will have a shield of protection around you

(Psalms psalm 3)

* Do not let your emotions control your decision making

- Take time to think about things before reacting

(Psalms psalm 4)

* It is important to trust the Lord

(Psalms psalm 4)

* Expect the Lord to bring all of your dreams to pass

(Psalms psalm 5)

* Give credit to the Lord everyday for all of the gifts you receive and have received

(Psalms psalm 9)

* The Lord will not abandon those who search for him

(Psalms psalm 9)

* The Lord keeps an account of all of your deeds and blesses you for the good and disciplines you for the bad deeds

(Psalms psalm 10)

"But those who trust in the Lord will lack no good thing."

(NLT) (Psalms psalm 34)

"Search for peace, and work to maintain it."

(NLT) (Psalms psalm 34)

"Take delight in the Lord, and he will give you your heart's desires."

(NLT) (Psalms psalm 37)

* To give thanks and show gratitude to the Lord is a way of showing him honor

(Psalms psalm 50)

* Tell everyone how good the Lord is to you each and every day

- Give all the credit to the Lord

(Psalms psalm 71)

* The Lord increases the power in the Godly

(Psalms psalm 75)

* It is important to appreciate every day we live as a gift from the Lord and we should strive to make the most of the time we are blessed with

(Psalms psalm 90)

- Choose to focus your attention on things that are pleasing to the Lord

(Psalms psalm 101)

* It is important to make sure your thoughts are pleasing to the Lord

(Psalms psalm 104)

* It is important to chose to be happy every day

(Psalms psalm 118)

* The Lord's faithful love endures forever

(Psalms psalm 136)

* Be faithful to your wife and avoid immoral women

(Proverbs chapter 5)

* Fear of the Lord or obedience to the Lord lengthens one's life, "but the years of the wicked are cut short."

(NLT) (Proverbs chapter 10)

"The godly can look forward to a reward, while the wicked can expect only judgment."

(NLT) (Proverbs chapter 11)

* Take time to have fun and laugh

(Proverbs chapter 17)

* When you trust in the Lord, it leads to prosperity

(Proverbs chapter 28)

* Companionship is important

(Ecclesiastes chapter 4)

* It is important to be grateful for what you have in life

(Ecclesiastes chapter 6)

* It is important to live a life of balance

- Take time to invest in yourself as well as others

(Song of Songs chapter 1)

* Even when times are tough, it is important to stay in faith and remain obedient to the Lord and the Lord will not only bring you out of your situation better but give you double for your trouble

(Zechariah chapter 9)

Lessons Learned from the New Testament

* There is a great deal of power in the Holy Spirit

(Matthew chapter 1)

* Jesus Christ died to save us from our sins

(Matthew chapter 1)

* It is important to repent of your sins

(Matthew chapter 3)

"You must not test the Lord your God."

(NLT) (Quote from Jesus Christ) (Matthew chapter 4)

"You must worship the Lord your God and serve only him."

(NLT) (Quote from Jesus Christ) (Matthew chapter 4)

* Jesus is our example to follow [author's opinion]

* Jesus is the bright light that shines in our lives

(Matthew chapter 4)

* It is important to stay connected to the Lord and seek him every day. Some ways to stay connected to the Lord include: reading the Bible, praying, attending church and being a good example like Jesus. [*author's opinion*]

(Matthew chapter 4)

* Jesus showed us the importance of being a leader and a positive role model

(Matthew chapter 4)

* It is important to settle your differences with people and make peace

(Matthew chapter 5)

* Jesus said we should pray like this:

"Our Father in heaven, May your name be kept holy. May your Kingdom come soon. May your will be done on earth, as it is in heaven. Give us today the food we need, and forgive us our sins, as we have forgiven those who sin against us. And don't let us yield to temptation, but rescue us from the evil one."

(NLT) (Matthew chapter 6)

* Jesus states that if you forgive others who have sinned against you, your heavenly Father will forgive you

(Matthew chapter 6)

* Jesus states that it is important to share with others the resources you have rather than just storing them for yourself

(Matthew chapter 6)

* According to Jesus, you cannot serve both money and God

(Matthew chapter 6)

* Do not worry about things

(Matthew chapter 6)

"Seek the Kingdom of God above all else, and live righteously, and he (God) will give you everything you need."

(NLT) (Quote from Jesus Christ) (Matthew chapter 6)

"Don't waste what is holy on people who are unholy. Don't throw your pearls to pigs! They will trample the pearls, then turn and attack you."

(NLT) (Quote from Jesus Christ) (Matthew chapter 7)

The Golden Rule

* Treat others the way you want to be treated

(Matthew chapter 7)

The Tree and Its Fruit

"Beware of false prophets who come disguised as harmless sheep but are really vicious wolves. You can identify them by their fruit, that is, by the way they act. Can you pick grapes from thorn bushes, or figs from thistles? A good tree produces good fruit, and a bad tree produces bad fruit. A good tree can't produce bad fruit, and a bad tree can't produce good fruit. So every tree that does not produce good fruit is chopped down and thrown into the fire. Yes, just as you can identify a tree by its fruit, so you can identify people by their actions."

(NLT) (Quote from Jesus Christ) (Matthew chapter 7)

* It is important to be a great leader

- Make sure to teach others with authority and confidence like Jesus

(Matthew chapter 7)

* Be willing to help people and serve others like Jesus

(Matthew chapter 8)

* Believing and having faith in the Lord can allow miracles to take place

(Matthew chapter 8)

* Jesus wants us to focus on showing each other mercy and not focusing on offering sacrifices

- In the Old Testament, when someone broke God's law, he/she had to offer a sacrifice to remove the curse and to get the blessings to flow again. Today, we live under the New Testament and when we break God's law, we should repent of our sins and turn to God. Jesus is the ultimate sacrifice and he paid for all past, present and future sins; so when you accept him as your Lord and Savior you become the righteousness of God.

(Matthew chapter 9)

 $www. Basic Instructions {\tt Before Leaving Earth.com}$

* There will be people in your life who try to tear your dreams apart and will be jealous of you. Don't let the negativity bring you down. It is important you keep moving forward being your best and doing what God has called you to do.

(Matthew chapter 12)

* Be careful what words you allow to come out of your mouth because as Jesus said, "the words you say will either acquit you or condemn you."

(NLT) (Quote from Jesus Christ) (Matthew chapter 12)

* Don't be a hypocrite

(Matthew chapter 12)

* Be willing to constantly work to improve yourself and become a better person

- According to Dr. Wayne Dyer, "true nobility is not about being better than someone else. It is about being better than you used to be."

(Matthew chapter 12)

* According to Jesus, "Anyone who does the will of my Father (God) in heaven is my brother and sister and mother!"

(NLT) (Quote from Jesus Christ) (Matthew chapter 12)

* It is important to make sure your faith is rooted on a solid foundation, consisting of God's word

- It is important to listen to and understand God's word and apply it in our lives

(Matthew chapter 13)

* It is critical we constantly pay close attention to what we are watching, listening to and spending time doing. If we stay connected to God and his word and live a life like Jesus, our thoughts will be positively transformed and our behaviors and words will be positive.

(Matthew chapter 12)

* In order to perform miracles, we must have faith and believe that through Jesus Christ we can do it. Fear can stop your miracles from taking place, so it is important to not allow fear to control you.

(Matthew chapter 14)

* The Lord wants you to honor him with your lips and also with your heart

(Matthew chapter 15)

* It is important to show mercy and compassion towards others in need

(Matthew chapter 15)

* It is important to be thankful to the Lord for what you have and that will allow the Lord to bless you with more

(Matthew chapter 15)

* Be careful who you choose to associate with in life

(Matthew chapter 16)

* If someone is doing or saying something evil, it is not because the person is bad but because the evil spirit of Satan is working through that person. It is important to not see things from a human's point of view, but God's point of view.

(*Matthew chapter 16*) www.BasicInstructionsBeforeLeavingEarth.com "If any of you wants to be my followers, you must turn from your selfish ways, take up your cross, and follow me. If you try to hang on to your life, you will lose it. But if you give up your life for my sake, you will save it. And what do you benefit if you gain the whole world but lose your own soul? Is anything worth more than your soul? For the Son of Man will come with his angels in the glory of his Father and will judge all people according to their deeds. And I tell you the truth, some standing here right now will not die before they see the Son of Man coming in his Kingdom."

(NLT) (Quote from Jesus Christ) (Matthew chapter 16)

* It is important to have good communication with one another and try not to blind side people even if it is bad news

(Matthew chapter 17)

* It is critical that you speak to the mountains you face using God's word and the mountains will disappear

- The word mountain refers to a problem that you may be facing in your life

(Matthew chapter 17)

* Remember to not lure people into sin rather motivate people to do good and be their best

(Matthew chapter 18)

* It is important for us to learn to forgive each other like our Heavenly Father has done for us

(Matthew chapter 18)

* With God's help all things are possible

(Matthew chapter 19)

* Always look for ways to be of service to others

(Matthew chapter 20)

"You can pray for anything, and if you have faith (believe that you have already received what you are praying for), you will receive it."

(NLT) (Quote from Jesus Christ) (Matthew chapter 21)

* According to Jesus, it is important to believe in the Lord and repent of your sins

(Matthew chapter 21)

* The most important commandment according to Jesus is "You must love the Lord your God with all of your heart, all your soul, and all your mind."

(NLT) (Matthew chapter 22)

* Jesus said that another commandment that is equally important is to "Love your neighbor as yourself."

(NLT) (Matthew chapter 22)

* Signs that Jesus Christ is returning:

- The sun will be darkened

- The moon will give no light
- The stars will fall from the sky
- The powers in the heavens will be shaken

(Matthew chapter 24)

"And they will see the Son of Man coming on the clouds of heaven with power and great glory. And he will send out his angels with the mighty blast of a trumpet, and they will gather his chosen ones from all over the world--from the farthest ends of the earth and heaven."

(NLT) (Quote from Jesus Christ) (Matthew chapter 24)

* The Lord wants you to use the talents you were blessed with to be a blessing to others. The Lord will further bless you when he sees you using what you have to do good.

(Matthew chapter 25)

The Final Judgment

* Jesus will return to judge the living and the dead. Evil people will face eternal punishment; however, righteous people will have eternal life.

(Matthew chapter 25)

* Be willing to accept help when you need it and do not be a person who is too proud to receive help

(Matthew chapter 27)

* Jesus is without a doubt the Messiah "Son of God" who came to die for all of our sins so that we would have the opportunity to be saved, blessed and have eternal life

[Author's Opinion]

* According to Jesus, it is important to be a disciple and spread the good news and find new disciples to baptize and teach to obey all of the Lord's commands

(Matthew chapter 28)

* Jesus was crucified and buried on a Friday and rose from the Dead on Sunday

[Author's Note]

* John the Baptist preached "that people should be baptized to show that they had repented of their sins and turned to God to be forgiven." John said, "I baptize you with water, but he (Jesus) will baptize you with the Holy Spirit!"

(NLT) (Mark chapter 1)

"I tell you the truth, all sin and blasphemy can be forgiven, but anyone who blasphemes the Holy Spirit will never be forgiven. This is a sin with eternal consequences."

(NLT) (Quote from Jesus Christ) (Mark chapter 3)

"But when you are praying, first forgive anyone you are holding a grudge against, so that your Father in heaven will forgive your sins, too."

(NLT) (Quote from Jesus Christ) (Mark chapter 11)

* The torture of the end times will be shortened for God's chosen ones

(Mark chapter 13)

* It is important to speak with confidence and authority like Jesus to get people's attention and get them to not only listen but be impressed

(Luke chapter 4)

* Staying connected to God through prayer should be something you do every day

(*Luke chapter 5*) www.BasicInstructionsBeforeLeavingEarth.com * According to Jesus, we should love our enemies

(Luke chapter 6)

"You must be compassionate, just as your Father is compassionate."

(NLT) (Quote from Jesus Christ) (Luke chapter 6)

The Tree and Its Fruit

" A good person produces good things from the treasury of a good heart, and an evil person produces evil things from a treasury of an evil heart. What you say flows from what is in your heart."

(NLT) (Quote from Jesus Christ) (Luke chapter 6)

* According to Jesus, our duty as Christians is to preach about the Kingdom of God

(Luke chapter 9)

"Sell your possessions and give to those in need. This will store up treasure for you in heaven! And the purses of heaven never get old or develop holes. Your treasure will be safe; no thief can steal it and no moth can destroy it. Wherever your treasure is, there the desires of your heart will also be."

(NLT) (Quote from Jesus Christ) (Luke chapter 12)

* We do not know when Jesus will return, only the Father knows. However, we should wait in expectancy and be ready for our Savior to return and those who are prepared will be rewarded. Jesus will return when you least expect it.

(Luke chapter 12)

* According to Jesus, it is important to repent of your sins and turn to God

(Luke chapter 13)

* The Lord loves you so much, that if you make a mistake, he will forgive you and give you another chance

(Luke chapter 13)

* It is okay to work and help others on the Sabbath Day

- Jesus makes it very clear in the Bible that it is okay to do work on the Sabbath. The key point Jesus wanted to get across is that we should take time on a regular basis to spend with God but that does not mean on the Sabbath you cannot do any work. [Comment by Author]

(Luke chapter 13)

* According to Jesus, we should work hard in order to enter God's Kingdom. "Some who seem least important now will be the greatest then, and some who are the greatest now will be least important then."

(NLT) (Quote from Jesus Christ) (Luke chapter 13)

* According to Jesus, it is important to live for your purpose and calling and not worry about what others say. Be courageous and keep pressing forward to accomplish the mission God placed in your heart.

(Luke chapter 13)

* It is important to help those who can't repay you, and your Heavenly Father will reward you

(Luke chapter 14)

"So you cannot become my disciple without giving up everything you own."

- The statement made above by Jesus is definitely a bold statement and in the author's opinion means that we should strive to detach from our focus on material goods and focus on God

(NLT) (Quote from Jesus Christ) (Luke chapter 14)

"Here's the lesson: Use your worldly resources to benefit others and make friends. Then, when your earthly possessions are gone, they will welcome you to an eternal home."

(NLT) (Quote from Jesus Christ) (Luke chapter 16)

"If you are faithful in little things, you will be faithful in large ones. But if you are dishonest in little things, you won't be honest with greater responsibilities. And if you are untrustworthy about worldly wealth, who will trust you with the true riches of heaven? And if you are not faithful with other people's things, why should you be trusted with things of your own?"

(NLT) (Quote from Jesus Christ) (Luke chapter 16)

* It is important to speak up when you see evil and try to stop it

(Luke chapter 19)

* According to Jesus, prayer is very powerful and can be utilized as a tool to help you avoid temptation

(Luke chapter 22)

* It is never too late while you are still alive to have a change of heart and repent of your sins and accept Jesus Christ as your Lord and Savior and be saved

Example:

- One of the criminals who was hung next to Jesus repented of his sins before he died and he was saved

(Luke chapter 23)

*According to Jesus, you will only see the Kingdom of God if you are born again

(John chapter 3)

* According to Jesus, it is important to be careful with your resources and to not be wasteful

(John chapter 6)

"The Spirit alone gives eternal life. Human effort accomplishes nothing."

- In the author's opinion, the above statement means that when it comes to our salvation, you can only be saved through making your spirit pure with Jesus not through your human effort following the law and trying to be good

(NLT) (Quote from Jesus Christ) (John chapter 6)

* According to Jesus, God has said we are all God's

- We all come from the source, which is God. Therefore, we must all be like God and also have the potential to do amazing miracles when our faith is activated. [*Author's Note*]

(John chapter 10)

"You can ask for anything in my name, and I will do it, so that the Son can bring glory to the Father. Yes, ask me for anything in my name, and I will do it."

(NLT) (Quote from Jesus Christ) (John chapter 14)

* We should work to have a clear conscience before God

(Acts chapter 23)

* Take care of your body as it is the Temple of the Lord

- The author suggests the following:

1) Exercise regularly

2) Drink plenty of clean water free from any harmful chemicals (Use a water filter)

3) Eat a healthy diet

4) Take the necessary vitamins

5) Get enough sleep

6) Work to keep stress under control (Tai Chi is a great exercise that lowers stress)

7) Exercise your brain on a regular basis

8) Breathe clean air

9) Visit the necessary doctors/specialists regularly to take good care of your health

10) Present yourself in a professional manner (Have a good physical appearance)

(1 Corinthians chapter 3)

"These things will last forever - faith, hope, and love - and the greatest of these is love."

(NLT) (1 Corinthians chapter 13)

"For no one will ever be made right with God by obeying the law."

(NLT) (Galatians chapter 2)

"For you are all children of God through faith in Christ Jesus. And all who have been united with Christ in baptism have put on Christ, like putting on new clothes."

(NLT) (Galatians chapter 3)

* It is important to imitate God. Focus on living a life filled with love. Jesus Christ should be our role model.

(Ephesians chapter 5)

* As representatives of the Lord Jesus Christ, we should strive to be excellent in all areas of our lives

(Colossians chapter 3)

* Do a good job with your work and remember you ultimately work for the Lord rather than for people

(Colossians chapter 3)

* Do not waste time because the time we are blessed with is a precious gift from God. Focus on your purpose and do not get side tracked.

- Also, do not waste time arguing with people

(1 Timothy chapter 4)

" Yet true godliness with contentment is itself great wealth."

(NLT) (1 Timothy chapter 6)

"For the love of money is the root of all kinds of evil."

(NLT) (1 Timothy chapter 6)

"Dear brothers and sisters, when troubles come your way, consider it an opportunity for great joy. For you know that when your faith is tested, your endurance has a chance to grow. So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing."

(NLT) (James chapter 1)

"God blesses those who patiently endure testing and temptation. Afterward they will receive the crown of life that God has promised to those who love him. And remember, when you are being tempted, do not say, "God is tempting me." God is never tempted to do wrong, and he never tempts anyone else. Temptation comes from our own desires, which entice us and drag us away. These desires give birth to sinful actions. And when sin is allowed to grow, it gives birth to death."

(NLT) (James chapter 1)

"Whatever is good and perfect comes down to us from God our Father, who created all the lights in the heavens. He never changes or casts a shifting shadow. He chose to give birth to us by giving us his true word. And we, out of all creation, became his prized possession."

(NLT) (James chapter 1)

"You must all be quick to listen, slow to speak, and slow to get angry. Human anger does not produce the righteousness God desires. So get rid of all the filth and evil in your lives, and humbly accept the word God has planted in your hearts, for it has the power to save your souls."

(NLT) (James chapter 1)

* God will bless you for obeying his word

(James chapter 1)

"Faith without Good Deeds is Dead."

(*NLT*) (*James chapter 2*) www.BasicInstructionsBeforeLeavingEarth.com

38

"There will be no mercy for those who have not shown mercy to others. But if you have been merciful, God will be merciful when he judges you."

(NLT) (James chapter 2)

* Do not judge and criticize each other

(James chapter 4)

* Be careful not to become too self confident and arrogant

(James chapter 4)

* It is very important that we help others build a relationship with the Lord

(James chapter 5)

"For God is pleased with you when you do what you know is right and patiently endure unfair treatment."

(NLT) (1 Peter chapter 2)

"For God called you to do good, even if it means suffering, just as Christ suffered for you. He is your example, and you must follow in his steps."

(NLT) (1 Peter chapter 2)

* If someone states that Jesus is not the Christ that individual is a liar

(1 John chapter 2)

39

"Anyone who denies the Father and the Son is an antichrist. Anyone who denies the Son doesn't have the Father; either. But anyone who acknowledges the Son has the Father also."

(NLT) (1 John chapter 2)

* A beast will come to power and reign for 42 months. People that worship the beast will not have their names in the Book of Life.

(Revelation chapter 13)

* During the end times "God's holy people must endure persecution patiently and remain faithful."

(NLT) (Revelation chapter 13)

* During the end times a second beast will appear and will order people to make a statue of the 1st beast and the beast statue will be given life and be able to speak. The beast statue will command that everyone worship it or die.

(Revelation chapter 13)

* The beast statue will order that everyone be issued a mark either on ones forehead or right hand. No one will be able to buy or sell anything without having the mark of the beast.

(Revelation chapter 13)

"Anyone who worships the beast and his statue or who accepts his mark on the forehead or on the hand must drink the wine of God's anger. It has been poured full strength into God's cup of wrath. And they will be tormented with fire and burning sulfur in the presence of the holy angels and the Lamb. The smoke of their torment will rise forever and ever, and they will have no relief day or night, for they have worshiped the beast and his statue and have accepted the mark of his name." "This means that God's holy people must endure persecution patiently, obeying his commands and maintaining their faith in Jesus." "And I heard a voice from heaven saying, "Write this down: Blessed are those who die in the Lord from now on. Yes, says the Spirit, they are blessed indeed, for they will rest from their hard work; for their good deeds will follow them!"

(NLT) (Revelation chapter 14)

* The spirit of evil (Satan) will attempt to fight the Lord Jesus Christ; however, the Lord will prevail "and his called and faithful ones will be with him."

(NLT) (Quote from Jesus Christ) (Revelation chapter 17)

* An angel of the Lord chains up Satan and throws him into the bottomless pit where he will remain for 1 thousand years

(Revelation chapter 20)

* Those that were be-headed for not worshiping the beast come back to life to reign for one thousand years with Christ

(Revelation chapter 20)

* At the end of the 1,000 year reign with Christ, Satan will be let out of the bottomless pit and will begin to start chaos and wage battle against God's people but Satan's army will be destroyed and Satan will be thrown into the fiery lake of burning sulfur, where the false prophet and the beast also are and they all will be tormented day and night forever

(Revelation chapter 20)

* When the Lord returns to do the final judgment, if your name is in the book of life, you will avoid being thrown into the lake of fire and you will experience eternal life with the Lord

(Revelation chapter 20)

* Eternal life with the Lord will be great because there will be only peace and love present. All of your needs will be taken care of and you will be rewarded with blessings.

(Revelation chapter 21)

* A new Jerusalem will be established where the Lord will live among his people

(Revelation chapter 21)

* Jesus will return soon. He will reward everyone according to their deeds. It is imperative that we obey God's word, which is found in the Holy Bible.

(Revelation chapter 22)

Reference

Scripture quotations marked (NLT) are taken from the *Holy Bible*, New Living Translation, copyright 1996, 2004, 2007 by Tyndale House Foundation. Used by permission of Tyndale House Publishers, Inc., Carol Stream, Illinois 60188. All rights reserved. [Hope For Today Bible, Featuring Notes And Encouragement From Joel & Victoria Osteen, New Living Translation Red Letter Edition] Appendix

 $www. {\tt Basic Instructions Before Leaving Earth. com}$

The author highly recommends the following resources:

* Hope For Today Bible / Featuring Notes And Encouragement From Joel & Victoria Osteen / New Living Translation Red Letter Edition *

* Joel Osteen - www.joelosteen.com *

* Dr. Creflo Dollar - www.creflodollarministries.org *

* Dr. Wayne Dyer - www.drwaynedyer.com *

- * The Secret http://thesecret.tv/thesecretfilm/ *
- * The Moses Code / http://www.jamestwyman.com/Books_The_Moses_Code.html *

* The Word Network - http://www.thewordnetwork.org/ *

* The Bible Movie - http://www.history.com/shows/the-bible *

* Hay House - http://www.hayhouse.com *

* The Prosperity Secret: Success in the New World by Markus Rothkranz http://www.markusrothkranz.com/prosperity/prosperity.html *

* Public Broadcasting Service (PBS) *

- * How To Survive The End Of The World As We Know It: Tactics, Techniques, and Technologies for Uncertain Times by James Wesley, Rawles *
- * Weight Training For Dummies 3rd Edition by Liz Neporent, Suzanne Schlosberg, and Shirley Archer *
 - * Happy: Simple Steps to Get the Most Out of Life by Ian K. Smith, M.D. *
 - * Happy / http://www.thehappymovie.com/ *
 - * Dr. Daniel Amen / http://www.amenclinics.com/ *
 - * Dr. Joel Fuhrman, M.D. http://www.drfuhrman.com/ *
 - * Lumosity (Brain Games) www.lumosity.com *
 - * http://www.basicinstructionsbeforeleavingearth.com * www.BasicInstructionsBeforeLeavingEarth.com

Morning Prayer:

Good Morning Lord Lord, Thank you for forgiving me for all of my sins Lord, Thank you for continuing to bless me each and every day Lord, Thank you for working to bring us world peace and kindness Lord, Thank you for continuing to bless me with your love and support

Special Prayers for the Day

Thank you Lord for making today a Wonderful Day!

Amen

Evening Prayer:

Good Evening Lord

Lord, Thank you for forgiving me for all of my sins Lord, Thank you for continuing to bless me each and every day Lord, Thank you for working to bring us world peace and kindness Lord, Thank you for continuing to bless me with your love and support

Special Prayers for the Day

Thank you Lord for the Wonderful Day!

Thank you Lord for blessing me with a Great night and for making tomorrow a Wonderful Day!

Amen

(The author uses the prayers listed on this page)

GO IN PEACE TO LOVE AND TO SERVE THE LORD!